

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Backer Ruben

Coaches: Lesceu Philippe

Coaches: De Backer Nele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:15, starttime: 10:39
Heat: 15/20 Lane : 2 Athlete: VAN DEN TROOST AMY			Q-time: 01:11:28
PB (50m pool): 01:14.22 Antwerpen 15/03/2026			PB (25m pool): 01:11.28 SB: 01:14.22 Antwerpen 15/03/2026
PB	5 0 M	1 0 0 M	
	00:35.34	01:14.22	
	00:35.34	00:38.88	
			

Coach feedback: